



“It takes a special kind of fearlessness to bring up the things that trouble us and make us blush . . . he does it over and over, sometimes with an honesty that burns to the bone, and sometimes with a wink . . .”

— SUE CHANCE, M.D.
from the foreword of
Human Matters

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ABOUT THE AUTHOR

Born and raised in Phoenix, Arizona, Steven Kalas graduated from Northern Arizona University with a B.S. in Psychology and earned his Masters in Theology at Southern Methodist University. He currently lives in Las Vegas, Nevada, where he works as a marriage and family counselor, bereavement specialist, and behavioral health consultant. Steven writes *Human Matters*, published Sundays and Tuesdays in the *Las Vegas Review-Journal*.

Steven is a former Episcopal priest, therapist, pastoral counselor, freelance writer and published author. He does stand-up comedy, and travels nationally as a professional public speaker. His favorite hobby is songwriting and performing in the band PaperCymbal. His newest CD, *Lessons From the Dead*, is available on his website stevenkalas.com.

Steven is father to three sons: Jonathan, 15, Aaron, 13, and (what was he thinking?) Joseph, age 4. He is a rabid Phoenix Suns fan, a crazed Green Bay Packers fan, a Beatlemaniaic, and owns DVD recordings of every known work of Monty Python's Flying Circus.

HUMAN MATTERS

WISE AND WITTY COUNSEL ON RELATIONSHIPS, PARENTING, GRIEF, AND DOING THE RIGHT THING.

In his newspaper column, *Human Matters*, Steven Kalas answers readers' questions and adds his musings about life, love, family, ethics, sex, culture, art, philosophy, religion, celebration and suffering — from the most noble aspects of the human experience to its deepest, darkest secrets.

He allows us to look through his unique and quirky lenses to see his view of the world.

Reading *Human Matters* is like talking with a therapist, writer, philosopher, father, former priest, performing singer/songwriter, and an amateur stand-up comic. Kalas is all of those things.

Infusing his writings on everything from sexuality to hockey violence, are the repeating themes of personal integrity, responsibility, loyalty, spiritual enlightenment, and just being the best you that you can be.

Being human demands of us, that we act like human beings, and not lesser creatures. Or as Kalas wrote in a recent column, "I can't prove that being human matters. But I've decided to live as if it does."

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